



#### ABSTRACT

**Background:** Animal bite is one of the public health problems all over the world, especially in poor countries. Animal bites have an impact on human health due to rabies disease, which is a viral transmitted disease from animal to human with a high mortality rate.

**Objective:** To determine the epidemiological characteristics of animal bite cases by person, time, and place.

**Method:** Descriptive cross sectional study was done by reviewing cases caused by animal bites., Data including the demographic characteristics of age, gender, occupation, site of bite, and attending health institutions searching treatment were all included.

## **INTRODUCTION**

Animal bite is one of the public health problems worldwide<sup>(1)</sup>. WHO has acknowledged that there are about 10 million people taking rabies vaccines annually in the poorest countries. This large number of vaccine consumption is considered of high cost. All over the world, about 65,000-87,000 (mostly in developing countries) deaths have occurred annually due to rabies caused by animal bites <sup>(2)</sup>. Asia has experienced about 38,000 to 60,000 deaths per year, where India accounts for the majority of deaths of more than 22,000. - 37,000 deaths annually) (2, 3). In Latin America there is a joint program regional epidemiological for surveillance of the control and treatment of animal bites and rabies disease in collaboration with the Pan American Health Organization (PAHO / WHO). The Global Alliance for Rabies Control <sup>(4)</sup> has been working on this program since 1981, focusing on vaccination campaigns for dogs, raising community awareness about the disease and providing free vaccine, resulting in reduced incidence of rabies disease to about 95%  $^{(4, 5)}$ . In Iraq before 2012, the data was sent to CDC/Zoonotic disease as an aggregated data by which no beneficial statistical analysis can be done. The objective of this study is to determine the epidemiological characteristics of animal bite cases by person, time, place and giving an

**Results:** There were 11600 animal bite cases. Most of bites caused by stray dogs 11577(99.8%), and the males were more affected than females. The mostly affected site of bite was lower limbs. Babylon and Naniva provinces registered the highest rate of animal bite victims.

**Conclusion:** The study is determining the epidemiological characteristics of animal bite cases by person, time, place and giving an accurate view about the epidemiological importance of the problem in Iraq. **Key words** (Rabies, Control Center, Post Exposure Therapy (PEP, Animal Bites)

accurate view about the epidemiological importance of the problem in Iraq. The justification of the study is to firstly establish a database on this serious preventable public health problem that was not adequately controlled. Secondly, to know the extent and tendency of animal bites cases registered in Iraq. Thirdly, to inform the decision-makers of the health authorities in the ministry of health about the magnitude of this health problem. Finally, to raise awareness about the problem among workers in all health institutions.

## **METHODS**

**Training:** A training course was held to healthcare workers in zoonotics units in all Iraqi provinces about the data entry on the Excel sheet program and sent monthly to the zoonotic disease section in CDCs, for epidemiological analysis.

**Study design:** Retrospective cross-sectional descriptive study of animal bite cases, Iraq, 2012. **Case definition:** Animal bite case is defined as all victims exposed to animal bites attending health institutions (primary healthcare centers, districts, hospitals).

**Study area:** All Iraqi provinces were included in the study.

**Study sample:** All victims of animal bites attending to health institutions searching for

treatment were included, regardless the date of the bite.

**Study Period:** From 1<sup>st</sup> of January 2012 to 31<sup>st</sup> of December 2012.

**Data collection:** A special form of Excel sheet list was designed to collect animal bite cases data, including the demographic characteristics of bitten victims regarding age, gender, occupation, site of bite, completed and uncompleted PEP (Post Exposure Prophylaxis) schedule, types of animals.

**Ethical consideration:** Informed consent of all patients was taken for using their data without reference to the personal specifications this was done when patients came for treatment requirement.

#### RESULTS

After the application of the epidemiological case based surveillance program for animal bites in Baghdad and other provinces, 11660 animal bite cases, and 10 cases of rabies have been registered in 2012. The majority of the mentioned records was due to stray dogs 11577(99.8%), other animals 23(0.2%) as depicted in table (2). The male victims recorded 8846 (76.26%), while females 2754 (23,74%)

with ratio (3:2) as demonstrated in table (1). The most vulnerable age group was between 17-49 yr (35.21%). The most site of bite was the lower limbs 7637 (65.5%), followed by upper limbs 2298 (19.7%), trunk 737(6.3%), respectively as shown in Graph (2). The rate of rabies in Iraq was 0.292 / 1000000, while the animal bites incidence rate was 34.08 / 100000 according to the population census by provinces in year 2012. Babylon Province recorded the highest rate of animal bites (2090) (18.02%) followed by Dywania (1539)(13.26%),Naniva 1377(11.87%), Karbala (1143) (9.85%). The government of Dahuk, Sulaymaniyah reported zero animal bite, see table (3). The study also showed that those who had the

first dose were N= (5750), (49.31%), who had two doses N= (2179) (18.69%, who had all five vaccine doses were N= 1098 (9.42%). This study also revealed that the most occupation of high risk prone to animal bites was children N= 4419 (38.4%), followed by students N= 3151(27%) and the least was police N=139 (1.2%), see Table (4).

Variable		
Age group (years) (total=11600)	Ν	%
(10141-11000)	1	/0
Preschool (<5)	922	7.95
Children (5-9)	2460	21.20
Teenagers (10-16)	3413	29.42
Young adults (17-49)	4058	35.21
Middle age (50-69)	620	5.34
Elderly (70+)	127	1.09
Gender (total=11600)		
Male	8846	76.26
Female	2754	23.74
Type of bites (total=11600)	Ν	%
Single	8486	73.16
Multiple	2958	25.50
Blank	129	1.11

 Table 1: Frequency distribution of study sample by age group, gender and type of bites and vaccines status. Rabies Immunoglobulin (RIG)

Epidemiological Characteristics .....

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Vaccination status				
(total=11600)	Ν	%		
Complete schedule (full five				
doses)	1098	9.47		
Incomplete schedule ( <five< th=""><th></th><th></th></five<>				
doses)	10502	90.53		
Number of doses (total=11600)				
1 <sup>st</sup> dose	6098	52.56		
2 <sup>nd</sup> dose	2588	22.31		
3 <sup>rd</sup> nose	1731	14.92		
4 <sup>th</sup> dose	1183	10.46		
RIG (Rabies immunoglobulin (total= 11600)				
*				
Yes	3429	29.41		
No	545	4.67		
Blank	7626	65.74		
Total	11600	100.0		

\* RIG usually given once in addition to  $1^{st}$  dose of vaccine with special indications likes site of bite e.g head, macerated wounds, child age and others. Meaning that not all bitten victims required to have RIG.

Table (2). Study sample distribution by types of animals				
N	%			
11577	99.8			
16	0.14			
2	0.02			
3	0.03			
2	0.02			
11600	100			
	N 11577 16 2 3 2			

### Table (2): Study sample distribution by types of animals



	Table (3): Animal bites, Rabies cases distribution in Iraq provinces 2012				
Provinces	Population	No. of animal bites	Animal bites/10000	Rabies cases	
Naniva	3353875	1374	40967	1	
Kirkuk	143747	311	21760	0	
Dayala	1477684	925	2.2956	0	
Anbar	1598822	179	11195	0	
Baghdad	755278	719	09910	2	
Babylon	1864124	2090	117117	2	
Karbla	1094218	1143	104453	0	
Wasit	124036	452	372995	0	
Salh deen	1442661	176	12951	0	
Najaf	131608	510	36450	1	
Diwanya	1162485	1539	138831	0	
Muthana	735216	270	39271	0	
Th-qar	1883160	318	16886	0	
Messan	994710	260	27107	0	
Basra	2601960	1118	42970	1	
Erbil	1657684	206	13030	3	
Dahuk	1158633	0	0	0	
Sulaymania	193162	0	0	0	
Total	342062	11600	34086	10	

Graph (1): distribution of animal bites by governorates Iraq in 2012 Table (3): Animal bites, Rabies cases distribution in Iraq provinces 2012







 Table (4) distribution of study sample by occupations

occupation	frequency	%
student	3151	27 %
Housewife	944	8.1%
Children	4419	38.4%
privet work	2019	17.9%
officer	856	7.4%
police	139	1.2%
Total	11600	100%

#### DISCUSSION

The study revealed that the main cause of the bites was stray dogs constituting 99.8% of all animal bites, similar to neighboring countries as India and other Asian countries  $(91.5\%)^{(6,7)}$ , Jordan  $(50\%)^{(8)}$ . It is clear that nearly the same or more as in Jordan .There is no significant seasonal variation of bites as shown in graph (3), which is similar to what was recorded in studies conducted in the KSA( Kingdom of Saudi Arabia) but different in India, where it increases during May and October <sup>(9-12)</sup>. The age groups of

high risk of animal bites were young adults 4058  $(35.21\%)^{(6)}$  as in Table (1), In this study, the incidence rate was 34.1/100000 mostly due to stray dogs while in India (17.4 per 1000) and in Jordan (50.8 per 100,000) <sup>(6,7).</sup>

It is also observed that males are more exposed to bite than females with ratio (3:2); likes studies in

India (2:1), Jordan(3:1),Saudi Arabia(4:1)as they are neighboring to Iraq within the Eastern Mediterranean Region Graph (1). This is also found in similar studies conducted in India <sup>(6, 7)</sup>, Jordan <sup>(8)</sup>, Pakistan <sup>(1, 6)</sup> and Turkey <sup>(13).</sup>

The most common sites of the victim's body were the lower limbs, the upper limbs, the trunk, and head. These findings are similar to studies conducted in Turkey <sup>(14, 15)</sup>, Jordan and Iran <sup>(6, 8)</sup>. was more than those who had one ,two, three, four and the five dose which the least , which demonstrates the need to raise the awareness of the community towards the completion of the vaccine schedule through cooperation with the zoonotic units in all Iraqi provinces to promote community health education by distribution folder, posters and educational campaigns to special society like students in schools.

We noticed that the most occupation of high risk prone to animal bites was children, followed by students and the least was police look to Table (5) .This is might be because they usually either playing with animals or can't defend themselves against attacks of furious animals and dogs in particular.

# CONCLUSION

The study gave us a view and the results of first application of the epidemiological surveillance of animal bite cases in Iraq with available data to perform statistical analysis, and the identification of the size, determinants of this public health event according to person, place and time, which is of high risk to cause rabies a viral disease of high mortality rate reaching up to 100%. **Recommendations:** 

- 1. Strengthening epidemiological surveillance of the animal bite cases.
- 2. Developing the abilities of all employees in zoonotic units in all Iraqi provinces by
- 3. establishment the training workshops on Excel program.
- 4. Ensuring of completeness and timeliness of the data.

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